

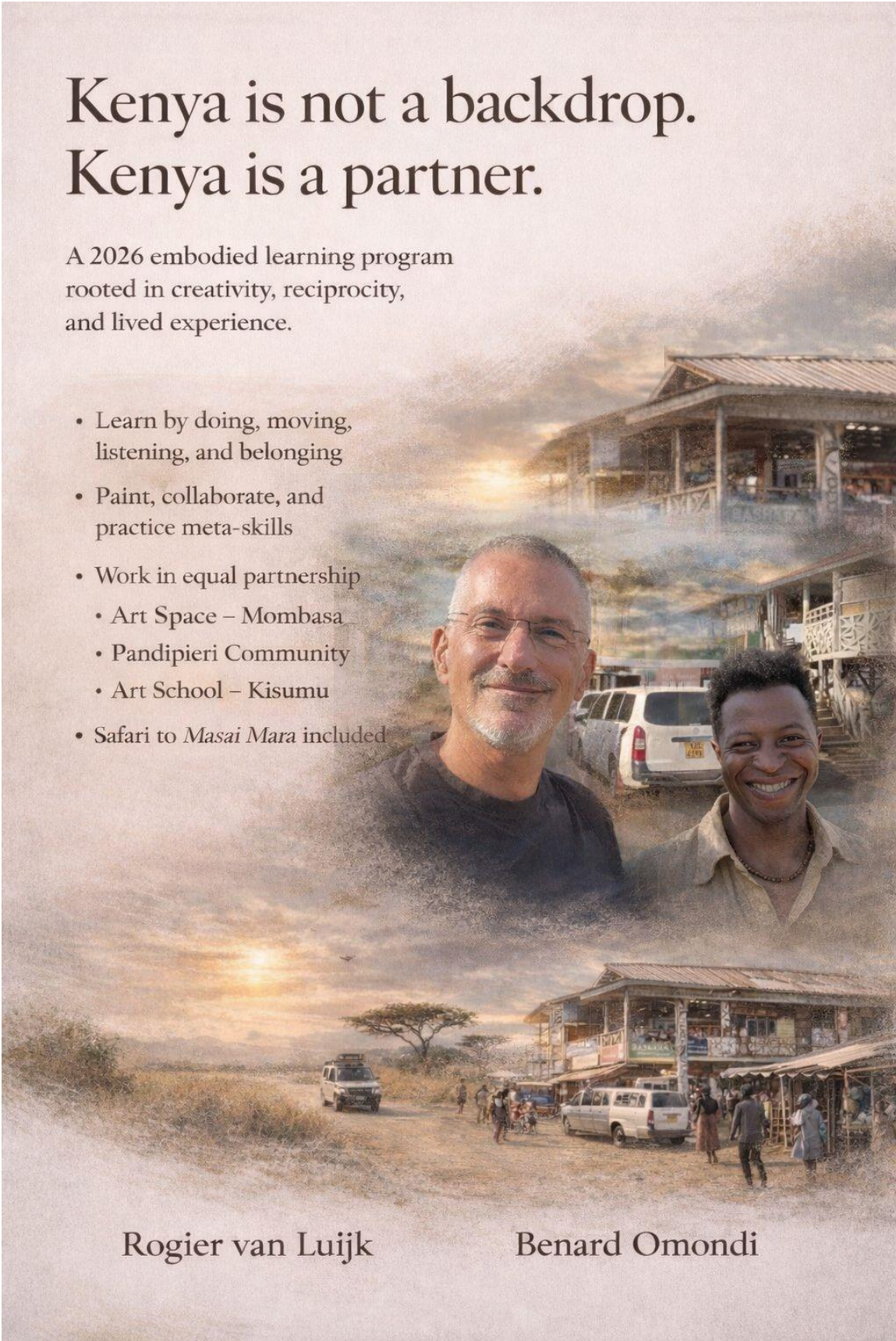
Kenya is not a backdrop. Kenya is a partner.

A 2026 embodied learning program
rooted in creativity, reciprocity,
and lived experience.

- Learn by doing, moving, listening, and belonging
- Paint, collaborate, and practice meta-skills
- Work in equal partnership
 - Art Space – Mombasa
 - Pandipieri Community
 - Art School – Kisumu
- Safari to *Masai Mara* included

Rogier van Luijk

Benard Omondi



Art as living field

Artwork by Benard Omondi Owuor — visual resonance of the Kenya 2026 field



This artwork by Benard Omondi expresses the inner dimension of the work we do: presence, witnessing, support, and the quiet restoration of inner coherence. It reflects art not as decoration, but as a living relational field.

Kenya 2026 — Art × Community × Meta-Skills

Embodied leadership, art and relational clarity in living practice

Kenya 2026 is a co-founded embodied learning initiative rooted in art, body-based leadership and community life in Kenya.

Our work grows from lived experience. Not from imported models, but from shared presence, reciprocity and field-based learning.

This initiative is co-founded and co-led by Rogier van Luijk and Benard Omondi Owuor.

This is not a training you attend. It is a field you enter — together.

Our foundation

We work at the intersection of:

- embodied, trauma-informed leadership
- art as communal, relational practice
- community as a living learning environment

We do not work from a helper model. We work from shared ground.

Here, leadership grows from presence, not control. Development is practiced as relationship, not intervention.

Co-founders

Rogier van Luijk — Co-Founder & Lead Facilitator

Rogier works at the intersection of health, leadership and relational coherence. With roots in physiotherapy and long-standing experience in trauma recovery, he guides people and organisations in restoring direction — physically, relationally and mentally.

His approach is embodied, systemic and field-attuned. Not imposed techniques, but movement arising from within the situation.

Healing, in his view, is a return to coherence — when body, intent and relationship begin to resonate again.

Benard Omondi Owuor — Co-Founder & Artistic Director

Benard is artist, co-founder and cultural anchor of the initiative. Raised in Kibera, he began painting as a way to process trauma and speak truthfully about lived realities.

Graduated from Mwangaza Art School, his work is not decorative but relational and transformative. Art becomes a shared language beyond hierarchy, status or explanation.

As Artistic Director, he safeguards that the work remains locally rooted, culturally grounded and based on equal partnership.



Our locations – Kenya 2026

Art × Community × Meta-Skills


Our program takes place in three vibrant places in Kenya. Not as project locations, but as environments where art, community, and development converge daily.



Pandipieri – Kisumu

The source of the program.

Pandipieri did not start as a project, but as an attitude: community, friendship and building from what is. For over 40 years, a movement has been growing here where people rediscover their resilience, initiative and responsibility.


 www.pandipieri.org



Africa Nomads Art Space – Mombasa

A contemporary art hub on the coast.

Gallery, studios, performances and residencies come together here. Africa Nomads connects local artists with international networks and creates a field for encounter, experiment and dialogue.

 www.africanomadsartspace.com





Mwangaza Art School – Kisumu

The only art school in Western Kenya.

Since 1987, Mwangaza has been guiding young people in visual art, performance, dance, and music.

Here, art is a path to craftsmanship, self-reliance, and future perspective.

 www.mwangazaartschool.org

 www.pandipieri.org

These three places together form the living bedrock of Kenya 2026.

Here, Art × Community × Meta-Skills are lived.

Our intention

- to centre African voices and lived narratives
- to support embodied, trauma-aware leadership
- to create reciprocal exchange
- to build bridges between art, health, leadership and daily life
- to practice development as relationship

Who this is for

- individuals and professionals seeking embodied leadership
- artists, facilitators and educators
- NGOs and mental-health practitioners
- community leaders and change-makers
- people willing to learn with, not about

This is not a programme you consume. It is a living field you step into.



Program flow — living practice

Kenya 2026 unfolds as a living field rather than a fixed training program.
We work with a shared rhythm shaped by place, people and what becomes present.

1. Arrival & grounding

Entering the field

The first days focus on arriving — physically, relationally and culturally.
Through embodied sessions, shared meals, art practice and community encounters,
participants shift from observer to participant.

Focus: presence · listening · safety · relational attunement

2. Immersion & co-creation

Living art, community and leadership

As the field deepens, days move between embodied leadership practice, artistic processes,
and active participation in community contexts.

Leadership is practiced, not discussed.
Art becomes a relational language.
Community is lived, not visited.

Focus: co-creation · responsibility · resonance · embodied leadership

3. Integration & continuity

From experience to lived direction

The final phase centres on integration.
Through reflection, artistic synthesis and dialogue, participants explore how what is lived
continues — including ongoing relationships with Pandipieri and Mwangaza Art School.

Focus: integration · meaning-making · continuity · lived application

Throughout the program the field is held through daily embodied practice, shared art
processes, community encounters and facilitated reflection.

*There is structure, but no script.
The work arises from what is real.*

Costs

We don't sell an experience.
We build a temporary living field.

The financial contribution is not a price, but a way of carrying what makes this field possible.

This field is stewarded, not owned. Contributions sustain the people, places and processes involved — including the work and livelihood of Benard Omondi and the professional, embodied facilitation of Rogier van Luijk.

We work with a contribution range rather than a fixed price.

If your situation does not fit this range, we invite you into conversation — not to lower the value, but to find a coherent form of participation.

The real return lives in continuity: ongoing relationships with Pandipieri and Mwangaza Art School.

Practical information — Kenya 2026

Dates & duration

Kenya 2026 takes place in October 12-25

Duration: 14 days

Including a preparatory half-day gathering in the Netherlands prior to departure.

Locations

Kisumu & Mombasa, Kenya

Pandipieri · Mwangaza Art School · Africa Nomads Art Space

Optional immersion: Masai Mara

Costs — Kenya 2026 (14 days)

Participation contribution

€2,100 – €2,800 total

This contribution carries the living field of Kenya 2026.

It is not a price, but a way of sustaining the people, places and processes that make this field possible.

If you are Kenian or African participant, please contact us for information about costs.

Included

- 14-day Kenya field immersion
- preparatory half-day gathering in the Netherlands
- work and livelihood of Benard Omondi Owuor
- professional, embodied facilitation of Rogier van Luijk
- accommodation in Kenya
- all meals (non-alcoholic)
- domestic travel and local logistics
- all program activities, art and community work
- preparation, materials and coordination
- continuity with Pandipieri & Mwangaza Art School

We work with a contribution range rather than a fixed price, reflecting different capacities while protecting the integrity of the field.

If your situation does not fit this range, we invite you into conversation — not to lower the value, but to explore what form of participation is coherent.

Not included

- international flight to/from Kenya
 - insurance and vaccinations
 - alcoholic drinks
 - personal expenses
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Optional immersion — Masai Mara

USD 400

Ecological and cultural immersion in the Masai Mara
(including park access fees and accommodation)
Offered at cost price and payable through the program.

Registration & contact

If you feel resonance and would like to explore participation, please contact us:

Rogier van Luijk — rogier@ionoi.nl

Benard Omondi Owuor — benardomondi8546@gmail.com

We work with a limited group size. Participation is confirmed through personal contact and alignment.

We don't sell an experience.

We build a temporary living field.

The real return lives in continuity:
in lasting relationships with Pandipieri and Mwangaza Art School, and in living
collaborations that continue beyond this gathering.